

Volunteering in Portland

This information was obtained on the web at the following url: <http://portlandor.about.com/cs/volunteering/>. There is more information available at this site and some great links to other volunteer opportunities.

Bradley-Angle House 503 546-1265

Founded in 1975, Bradley-Angle House (B-A House) is the oldest domestic violence agency on the west coast. Volunteers are used in many of their programs. Extensive training is offered.

Camp Fire Volunteer Opportunities 503 224-7800

A Portland icon in youth development! Builds caring, confident youth and future leaders through proactive educational and recreational youth development experiences. Volunteer opportunities in community service-learning projects, tutoring, or long-term mentoring with 4th-12th graders in the Centennial, Hillsboro and Marshall (Portland Public) school clusters.

Celebrate Our Community (see the above url online)

Celebrate Our Community begins with morning services on Wednesday, Sept. 11 with remembrances at Pioneer Courthouse Square in downtown Portland and other locations in Clackamas, Clark and Washington counties. The services will honor those who lost their lives a year ago. Activities such as volunteer project registration will take place throughout the day at Pioneer Courthouse Square.

City of Tigard 503 639-4171 x2402

Perhaps you would like to volunteer for the "sign police," or conduct an inventory of trees along city streets.

Community Cycling Center 503 546-8864

What a great place! You can donate an old bike, purchase a refurbished one or, if you are low income, qualify for a free bike for your child. A great place to shop and volunteer!

Dove Lewis Animal Hospital 503 228-7282

Become involved with pet loss support or volunteer to keep the hospital running.

Elders in Action 503 823-5269

Elders in Action is a private nonprofit organization whose mission is "To assure a vibrant community through the active involvement of older adults." For more than 30 years, Elders in Action has worked to improve the quality of life for older adults. The organization represents the interests of seniors in the Portland metropolitan area through volunteer-driven programs.

Guide Dogs for the Blind 800 295-4050

Imagine the joy of volunteering as a "puppy socializer!" Guide dogs for the blind has a long list of ways you can help from working in the gift shop to walking dogs.

Habitat For Humanity 503 287-9529

Portland HFH is a locally run affiliate of Habitat for Humanity International, a nonprofit, ecumenical Christian housing organization. Habitat for Humanity works in partnership with people in need to build decent, affordable housing. The houses are then sold to those in need at no profit and with no interest charged.

Hands on Portland 503 236-3380

A concept perfect for your busy life! "We at Hands on Portland welcome anyone who'd like to enjoy the enormous rewards of volunteering. Our innovative format gives people who are unable to make regular, long-term commitments - busy Portlanders like you - the opportunity to give back to the community. Please join us as we make a difference!"

Hosteling 503 236-3380

Volunteer to support the Hawthorne Youth Hostel or the Council which oversees Hostels in Oregon and Idaho. A great variety of tasks and talents!

Multnomah County Volunteer Opportunities (see the above url online)

Volunteer contributions enhance the quality of life for all of us who live and work in Multnomah County. Volunteers help build strong communities and demonstrate the importance of citizen participation. Volunteering builds skills, provides insight into professions and engages people in meaningful activities. Plus, volunteering is fun!

National and State Parks (see the above url online)

Information on volunteer opportunities and internships at U.S. national and state parks, Canadian parks, and environmental agencies.

OMSI 503 797-4644

One day I took my Grandson to OMSI and ran across a friend of mine working in the Paleontology Lab. The Oregon Museum of Science and Industry provides a valuable educational opportunity to the youth of our area (and their parents and grandparents!)

Oregon Coast Aquarium 541 867-3474

Spending some time on the coast? Consider a volunteer opportunity at the beautiful Oregon Coast Aquarium.

Oregon Dept. of Fish and Wildlife 503 872-5310

Volunteers annually donate more than 200,000 hours of service to the Oregon Department of Fish and Wildlife. Their skills, devotion, willingness to work hard or just be on hand provide enormous support to the agency. Their pages list a wide range of volunteer opportunities from Hunter Education to a Fish and Wildlife Host Program for RVers.

Oregon Environmental Council 503 222-1963

Founded in 1968, the Oregon Environmental Council (OEC) was the first statewide environmental group to be based in Oregon. Volunteers can assist in the office or with special advocacy projects.

Oregon Historical Society 503 306-5226

Whether you want to meet the public, work behind the scenes, learn from new challenges, or quietly keep things orderly, there is a position especially suited for you.

Oregon Humane Society 503 285-7722 x204

If you are 15 years of age or older, consider the Humane Society. Volunteers have made the society's job possible for the past 132 years. More than 500 people lend their time, energy, and talents to keep this shelter operating.

Oregon Literacy 503 244-3898

Anyone who has the ability to donate a few hours a week, or even a few hours a month, can make a huge difference for Oregon's low-literate adults. Volunteers provide over 120,000 hours of education to adults in Oregon every year. Volunteers also manage and coordinate volunteer programs, provide crucial support services, and assist programs statewide in expanding their services.

Oregon Sierra Club 503 238-0442

The Sierra Club is a non-profit member-supported, public interest organization that promotes conservation of the natural environment by influencing public policy decisions--legislative, administrative, legal, and electoral. The Oregon Chapter is devoted to environmental issues arising in the state of Oregon.

Oregon Zoo 503 525-4273

Openings for teens and adults. Volunteers practically run the Zoo! Last year, more than 1,500 people gave 117,000 hours of service.

Our House of Portland 503 234-0175

Volunteer to help maintain a good quality of life for persons living with AIDS/HIV in this residential program. Volunteers (Like Liz's friends) make home cooked meals for residents. Ask about other volunteer projects.

Portland Opera (see the above url online)

"Portland Opera was created to bring the art of music and opera to our community. Volunteer efforts help make these goals a reality. When the curtain rises on a new production, everyone enjoys the artists and musicians performing on the stage. As a member of our volunteer team, you will be sharing in the excitement and dedication required to bring live opera to the stage."

Portland Parks and Recreation Watershed Restoration 503 823-6131

Volunteer in 2002 and help restore special lands in and around Portland.

Providence Health System (see the above url online)

"Individuals of various education levels, ages and interests can be found among the volunteers at our facilities. We offer a wide variety of volunteer positions and always take your interests and talents into consideration when placing you. Volunteers are always included in our annual Providence Picnic, Christmas Forest and Festival of Trees events."

Reach Out Portland 503 694-6577

"ReachOut Organization is an online organization devoted to promoting non-profit community service organizations through the internet. Our goal is to provide, with quick access, thorough information about available community service opportunities for volunteers."

Ride Connection 503 413-8924

No person should be homebound because they don't drive! Volunteer as a driver or escort 4 hours per week or month and serve the elderly and disabled in your community. Drive an agency shuttle or minivan or your own vehicle and in the area(s) you choose. No special license required, full training provided and mileage reimbursement available. Bi-lingual drivers especially valuable.

SOLV - Working to Preserve This Treasure Called Oregon 503 844-9571

SOLV finished its third decade setting records, launching new programs and growing to meet the new demands of Oregon today. SOLV offers a "menu" of programs and services to assist Oregon communities and volunteers preserve Oregon's cherished qualities of livability, community pride and scenic beauty.

Special Olympics Oregon 503 248-0600

Their mission is providing sports training and competition opportunities for children and adults with mental retardation in Oregon. Volunteering is one way you can support Special Olympics Oregon.

Store to Door 503 413-8223

Store to Door is a volunteer based, non-profit organization serving Portland area elderly and disabled people with a low-cost, personalized shopping and delivery service so that they can maintain their independence and self-sufficiency in their own homes. Volunteer as an order-taker, a shopper or to deliver.

The Dirt! (see the above url online)

Want to know what is happening in the Portland Environmental Community? Get down to the nitty-gritty with "The Dirt!", a weekly events calendar serving communities and environmental organizations in the greater Portland metropolitan area.

The Oregon Garden 503 874-6013

Be part of a "growing" organization. In Silverton, Oregon volunteers are part of making things happen at the new Oregon botanical garden.

The Oregon Symphony (see the above url online)

The symphony provides volunteer opportunities for a range of groups including a women's volunteer group, "Fortissimo," designed to appeal to young adults between the ages of 21 and 40 and "Crescendo," an all-volunteer business support group.

Virtual Volunteering Resources (see the above url online)

How to decide if you want to volunteer online, tips for virtual volunteers and opportunities.

Volunteer Works (see the above url online)

Looking for a way to make your community better, then you've found the right place. Volunteer Works is dedicated to making everyone in Portland a volunteer. Using an innovative personalized process, you tell them how much time you have to give and what you're talents and passions are and they'll match you with the perfect volunteer opportunities.

Waterfront Blues Festival 503 419-4172

Staff the gate, help collect food for the hungry or belong to the "fire squad," those who will take "pot luck" in volunteer assignments.