

Activities to do When You Are Solo

April 22, 2004

Yoga Class	Bathe the cat
Tai Chi Class	Journal at a book store
Make Popcorn & Watch a Movie	Journal at a café
Make tea and read a book	Journal at a coffee shop
Cook something	Journal at a library
Write & answer emails	Journal at a museum
Write a letter	Journal at a park
Write an essay	Journal while listening to music
Write a movie review	Light some candles
Clean the house	Build a fire
Organize the house	Go for a bike ride
Go to a movie with a friend	Exercise
Go for a walk with a friend	Do some stretches
Explore a new part of town	Organize a load to go to Goodwill
Do volunteer work	Sort the recycling
Go to the library	Organize a load to go to recycling
Go to a book shop	Pull weeds
Work in the yard	Plan a hike
Do the dishes	Play a video game
Do the laundry	Chat on line
Go to a museum	Browse eBay for something you need
Go to a concert	
Go to a meeting	
Go to an art show	
Call a friend	
Meet a friend	
Grocery shop	
Furniture shop	
Take a college class	
Check out a new restaurant	
Pet the cat	
Brush the cat	